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Every family has their own needs.

What are yours?

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Linked Living designs and builds in law suite home additions. We serve The Fox Valley and the surrounding area.



 **LINKED LIVING**



HAVING THE TALK WITH YOUR PARENTS

Where will they live next?

Who will take care of them?

What would they like?

When is the time to change?

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When to Have the Talk

It's never too early

Planning ahead brings peace of mind. Don't wait for a crisis; having a plan ready ensures a smoother, less stressful transition when the time comes.

Someone has to initiate the conversation

As our parents guided us, now it's our turn to ensure their future is bright. Starting the conversation is a meaningful gift to them.

Set a date or be committed to look for an opportunity

Choose a calm moment to start the discussion. Avoid busy family gatherings and inform all family members to keep everyone on the same page.

How To Have the Talk

- ✓ **Start with your spouse**
Ensure you both agree on the need and outcomes. Discuss potential sacrifices and align your views.
- ✓ **This is a positive opportunity**
Focus on the next chapter. Ask about their hopes and desires to create peace, not anxiety.
- ✓ **Consider and address barriers**
Identify and talk through the barriers. Build trust for a fruitful conversation and a better relationship.
- ✓ **Set aside adequate time**
Let the conversation flow naturally. Give them time to dream and think about their future.
- ✓ **Remember who this is for**
Show your love and support for your parent. Focus on their needs first.
- ✓ **Make a plan to move forward**
Turn discussion into action. Support them step by step.



Talking about Options

It's a good idea to talk through all these options! Even if you don't think it's a good idea take the time to talk through each one.

Options to discuss

- Senior apartments
- Assisted living
- In law-suite addition attached to family's home
- In law-suite stand alone on family's property
- Aging in place – remodel home if needed?
- Have a family member move in with you

Tips for discussing options

- Keep it lighthearted at first.
- List pros and cons.
- Talk about the financial needs of each option.
- Talk about future health related needs and caregiver options.

